



PREMIUM CHEESE PRODUCTS

IMPORTED PARMESAN CHEESE
GRATED, SHREDDED, SHAVED

**NUTRITION
 FACTS**

Nutrition Facts	
Serving size: 1 oz (28g) ¼ Cup	
Servings Per Container 80	
Calories: 100	Calories from Fat 60
	% Daily value
Total Fat 7g	11%
Saturated Fat 4g	21%
<i>Trans</i> Fat 0g	0%
Cholesterol 20mg	6%
Sodium 430mg	18%
Total Carbohydrate	
less than 1g	0%
Dietary Fiber 0g	0%
Sugars less than 1g	0%
Protein 9g	0%
Vitamin A 4%	Vitamin C 0%
Calcium 30%	Iron 0%
Percent daily value is based on A 2,000 Calorie diet.	